



## 528Hz Solfeggio Meditation.: Transform Your Life, Repair DNA and Create Miracles

By Glenn Harrold, Ali Calderwood



DIVINITI PUBLISHING, United Kingdom, 2012. CD-Audio. Book Condition: New. 142 x 124 mm. Language: English . Brand New. This is one of a series of six meditation recordings by Glenn Harrold and Ali Calderwood, which are based upon the ancient solfeggio musical scale. Each note in this scale has specific healing properties and this recording uses the third note, which resonates to a frequency of 528hz. This frequency works to heal broken DNA, healing on all levels, emotional, mental, spiritual and physical, bringing relief from anxiety, fatigue, control issues and helps to release negative thinking. Consistent use of this recording will help you to create miracles in your life. This recording contains two tracks, the first you can use in the daytime as it will guide you back to full waking consciousness at the end. The second track will guide you into a deep sleep state at the end, which makes it ideal for using before you go to sleep at night. When you are instructed to repeat affirmations, connect with positive feelings (e.g. happiness, joy, love), this will help you absorb the suggestions on a deeper level. You don't have to repeat the affirmations out loud but do...



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