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The Forager's Feast: How to Identify, Gather, and Prepare Wild Edibles

By Leda Meredith

Countryman Press Inc. Paperback. Book Condition: new. BRAND NEW, The Forager's Feast: How to Identify, Gather, and Prepare Wild Edibles, Leda Meredith, Delicious wild edible plants and mushrooms are abundant throughout North America, not only in the wilderness but in urban areas, too. Learn how to identify, harvest, and eat the tastiest plants in your backyard. Intended as much for the cooking enthusiast as for the survivalist, this book includes recipes that will transform even the most common edible backyard weeds into guest-worthy fare. Even experienced foragers will be impressed with plantain leaf chips that are crisper and tastier than kale chips. Dandelion flowers become wine, Japanese knotweed becomes rhubarb-like compote and tangy sorbet, red clover blossoms give quick bread a delightfully spongy texture and hint of sweetness.



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