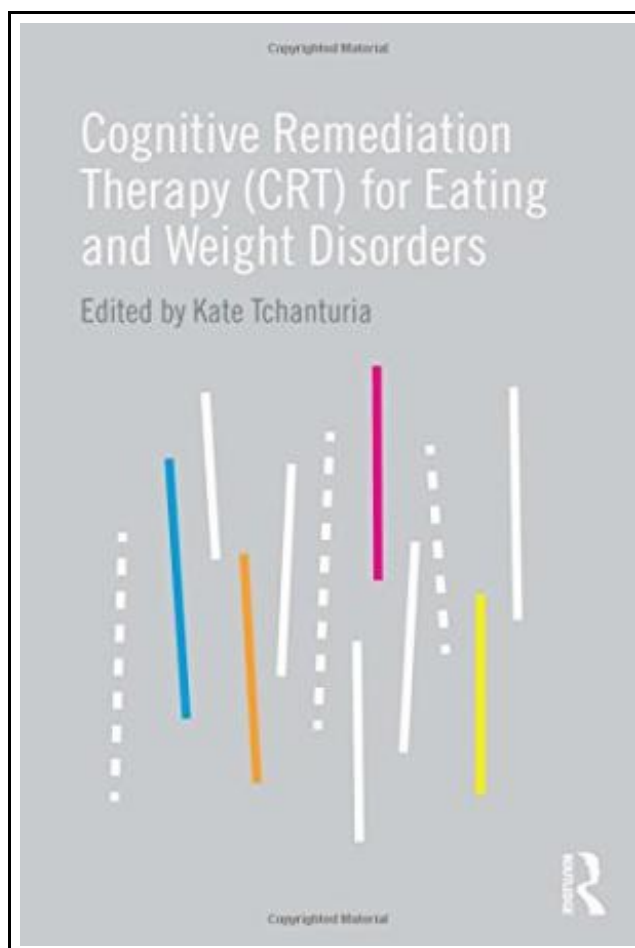


Cognitive Remediation Therapy (CRT) for Eating and Weight Disorders (Paperback)



Filesize: 4.13 MB

Reviews

If you need to adding benefit, a must buy book. It can be writter in straightforward words and phrases and never difficult to understand. I realized this ebook from my dad and i advised this ebook to learn.
(Zula Hayes)

COGNITIVE REMEDIATION THERAPY (CRT) FOR EATING AND WEIGHT DISORDERS (PAPERBACK)

[DOWNLOAD](#)

To save **Cognitive Remediation Therapy (CRT) for Eating and Weight Disorders (Paperback)** PDF, you should click the web link beneath and download the file or have accessibility to other information which are have conjunction with **COGNITIVE REMEDIATION THERAPY (CRT) FOR EATING AND WEIGHT DISORDERS (PAPERBACK)** book.

Taylor Francis Ltd, United Kingdom, 2014. Paperback. Book Condition: New. 230 x 156 mm. Language: English . Brand New Book. The effective treatment of anorexia nervosa (AN) remains a significant challenge. This has prompted new research into ways of engaging and keeping patients in treatment and ultimately achieving better outcomes, not only on a symptomatic level but also in broader aspects of life. In this book Kate Tchanturia brings together international experts from the field of eating disorders to discuss the effectiveness of cognitive remediation therapy for treating anorexia nervosa, and keeping patients in therapy. Cognitive Remediation Therapy (CRT) is a type of therapy that concentrates on improving neurocognitive abilities such as attention, working memory, cognitive flexibility and planning, and executive functioning which leads to improved general functioning. Recent research has demonstrated the effectiveness of the approach for treating those with anorexia nervosa, cognitive improvements have been noted in patients, and the approach is associated with low drop-out rates from the treatment, and high levels of acceptability among both patients and therapists. This book presents research focussing on: - individual therapy with adults - family-based therapy - CRT with young people - group format of CRT - adapting interventions for people with co-morbidities - clinicians experiences working with CRT Illustrated throughout with case studies, and integrating neuropsychological testing and brain imaging this book discusses the latest research on this novel treatment approach. It will be key reading for researchers and academics in the eating disorders field wanting to trial the approach, as well as final year undergraduates and postgraduate clinical psychology students looking for a new perspective.



[Read Cognitive Remediation Therapy \(CRT\) for Eating and Weight Disorders \(Paperback\) Online](#)



[Download PDF Cognitive Remediation Therapy \(CRT\) for Eating and Weight Disorders \(Paperback\)](#)

You May Also Like



[PDF] Music for Children with Hearing Loss: A Resource for Parents and Teachers (Paperback)

Click the web link below to get "Music for Children with Hearing Loss: A Resource for Parents and Teachers (Paperback)" document.

[Read Document »](#)



[PDF] Depression: Cognitive Behaviour Therapy with Children and Young People (Paperback)

Click the web link below to get "Depression: Cognitive Behaviour Therapy with Children and Young People (Paperback)" document.

[Read Document »](#)



[PDF] Meet Trouble: Slipcase (Paperback)

Click the web link below to get "Meet Trouble: Slipcase (Paperback)" document.

[Read Document »](#)



[PDF] A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half (Paperback)

Click the web link below to get "A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half (Paperback)" document.

[Read Document »](#)



[PDF] Chicken Licken - Read it Yourself with Ladybird: Level 2 (Paperback)

Click the web link below to get "Chicken Licken - Read it Yourself with Ladybird: Level 2 (Paperback)" document.

[Read Document »](#)



[PDF] The Three Little Pigs - Read it Yourself with Ladybird: Level 2 (Paperback)

Click the web link below to get "The Three Little Pigs - Read it Yourself with Ladybird: Level 2 (Paperback)" document.

[Read Document »](#)